

CVB ALZV 2026: Session: 1: COACH evaluation sheet for TEAM: SCWR

Coachinfo: Warming up from: 13:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Lejeune Melanie HEADCOACH

Coaches: ANSLOT Laurent

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:1, starttime: 14:18

Heat: 1/5 Lane : 3 Athlete: GHIO AMAURY Q-time: 99:99:99

PB (25m pool): no time					PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		no time		no time					
	no time								
									

Coach feedback:

Event number: 3: 100M BUTTERFLY MEN 11+ Heat:3, starttime: 14:22

Heat: 3/5 Lane : 1 Athlete: BENALIOUA ILYES Q-time: 01:34:97

PB (25m pool): 01:34.97 Aarschot 16/03/2025					PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M					
PB		00:41.94		01:34.97					
	00:41.94				00:53.03				
									

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9 Heat:1, starttime: 14:29

Heat: 1/3 Lane : 2 Athlete: STALMANS HUGO Q-time: 99:99:99

PB (25m pool): no time					PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M	
PB		no time		no time		no time		no time	
	no time								
									
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M	
PB		no time		no time		no time		no time	
									

Coach feedback:

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Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:29	
Heat: 1/3 Lane : 3 Athlete: ANTUNES ALICIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:1, starttime: 14:29	
Heat: 1/3 Lane : 4 Athlete: BEUSELINCK LOUIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:2, starttime: 14:36	
Heat: 2/3 Lane : 4 Athlete: GOLKIN ELéONORE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

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Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 14:44	
Heat: 3/3 Lane : 3 Athlete: OLIVEIRA NUNEZ NOAH DAVID							Q-time: 06:28:58	
PB (25m pool): 06:28.58 Meise 02/11/2025				PB (50m pool): no time SB: 06:28.58 Meise 02/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.17		01:33.39		no time		03:14.17
	00:43.17		00:50.22					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:28.58
								

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 14:44	
Heat: 3/3 Lane : 4 Athlete: WAUTERS NATHAN							Q-time: 06:37:11	
PB (25m pool): 06:37.11 Meise 02/11/2025				PB (50m pool): no time SB: 06:37.11 Meise 02/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.96		01:34.57		no time		03:15.80
	00:43.96		00:50.61					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:37.11
								

Coach feedback:

Event number: 4: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 14:44	
Heat: 3/3 Lane : 5 Athlete: CARPENTIER ALIOTH							Q-time: 07:20:73	
PB (25m pool): 07:20.73 Meise 02/11/2025				PB (50m pool): no time SB: 07:20.73 Meise 02/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:46.02		01:42.27		no time		03:33.94
	00:46.02		00:56.25					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		07:20.73
								

Coach feedback:

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Event number: 5: 100M BACKSTROKE WOMEN 11+					Heat:6, starttime: 15:07
Heat: 6/11 Lane : 5 Athlete: ANSLOT MÉLINE					Q-time: 01:30:50
PB (25m pool): 01:30.50 Vilvoorde 05/10/2025					PB (50m pool): 01:30.62 SB: 01:30.50 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.72		01:30.50	
	00:43.72		00:46.78		
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:6, starttime: 15:27
Heat: 6/10 Lane : 5 Athlete: ANSLOT SACHA					Q-time: 00:34:59
PB (25m pool): 00:34.59 Mons 26/10/2025					PB (50m pool): 00:38.02 SB: 00:34.59 Mons 26/10/2025
	2 5 M	5 0 M			
PB		00:34.59			
	00:34.59				
					

Coach feedback:

Event number: 6: 50M FREESTYLE MEN 11+					Heat:7, starttime: 15:28
Heat: 7/10 Lane : 1 Athlete: BUTTARELLI PAOLO					Q-time: 00:33:91
PB (25m pool): 00:33.91 Mons 26/10/2025					PB (50m pool): no time SB: 00:33.91 Mons 26/10/2025
	2 5 M	5 0 M			
PB		00:33.91			
	00:33.91				
					

Coach feedback:

Event number: 9: 200M FREESTYLE MEN 11+							Heat:4, starttime: 16:30	
Heat: 4/6 Lane : 2 Athlete: GHIO AMAURY							Q-time: 03:08:58	
PB (25m pool): 03:08.58 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:08.58 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.99		01:31.05		02:21.02		03:08.58
	00:41.99		00:49.06		00:49.97		00:47.56	
								

Coach feedback:

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Event number: 9: 200M FREESTYLE MEN 11+							Heat:5, starttime: 16:34	
Heat: 5/6 Lane : 4 Athlete: BENALIOUA ILYES							Q-time: 02:51:51	
PB (25m pool): 02:51.51 LEUVEN 23/11/2025				PB (50m pool): no time SB: 02:51.51 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.37		01:20.63		02:07.64		02:51.51
	00:36.37		00:44.26		00:47.01		00:43.87	
								

Coach feedback:

Event number: 12: 100M BACKSTROKE MEN 11+							Heat:7, starttime: 17:11	
Heat: 7/8 Lane : 1 Athlete: ANSLOT SACHA							Q-time: 01:21:45	
PB (25m pool): 01:21.45 LEUVEN 22/02/2026				PB (50m pool): 01:23.51SB: 01:21.45 LEUVEN 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:39.66		01:21.45				
	00:39.66		00:41.79					
								

Coach feedback:

Event number: 13: 100M BUTTERFLY WOMEN 11+							Heat:1, starttime: 17:16	
Heat: 1/5 Lane : 4 Athlete: ANSLOT MÉLINE							Q-time: 01:51:83	
PB (25m pool): 01:51.83 Mons 26/10/2025				PB (50m pool): no time SB: 01:51.83 Mons 26/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		00:49.95		01:51.83				
	00:49.95		01:01.88					
								

Coach feedback:

Event number: 14: 400M MEDLEY MEN 11+							Heat:2, starttime: 17:33	
Heat: 2/2 Lane : 3 Athlete: BEUSELINCK LIAM							Q-time: 05:33:76	
PB (25m pool): 05:33.76 LEUVEN 23/11/2025				PB (50m pool): no time SB: 05:33.76 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.23		01:18.37		02:01.38		02:43.19
	00:35.23		00:43.14		00:43.01		00:41.81	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:32.27		04:20.83		04:58.20		05:33.76
	00:49.08		00:48.56		00:37.37		00:35.56	
								

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Event number: 14: 400M MEDLEY MEN 11+							Heat:2, starttime: 17:33	
Heat: 2/2 Lane : 5 Athlete: BUTTARELLI PAOLO							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback: